



Flash E-Fax

News & Information

March 23, 2009

Biz Buzz This Thursday

The Olney Chamber of Commerce's monthly Biz Buzz will be held this Thursday, March 26 from 5:30-7:30 p.m. in the lounge at Uncle Dave's Bistro. Uncle Dave's is located at 5500 Olney-Laytonsville Road, just west of Olney on Rt. 108. The Biz Buzz is an informal networking opportunity for Chamber members. No reservations are required. A cash bar is available for drinks and appetizers. Be sure to bring plenty of business cards and conversation.

Announcements:

► **Spring Awakening Open House:** Entering its seventh year in business, Luxuria Salon & Spa has experienced fast growth and success providing high-end salon and spa services in the Washington, DC area. Known in the region as a local beauty destination, Luxuria located at 17830 New Hampshire Ave in Ashton, MD will host an open house on Wednesday, March 25 from 5:00 p.m.-8:00 p.m. – a Spring Awakening Event. Luxuria has partnered with local businesses that share the same vision of stimulating our local economy, such as the Cosmetic Skin Institute, Sprayology, El Andariego Restaurant and Ashton Beer & Wine, to be part of this exclusive event. Food, wine tastings, seated massages, customized gift bags and other freebies, along with personal skin, hair and make-up consultations will be offered during the event. One-time only offers will be available, including 20% discount Luxuria gift cards and retail products that clients can purchase for themselves to save for future services. Attendees will receive entries to many generous door prizes, including a free haircut and style at Luxuria for one year and free one-step color for one year. For more information contact Luxuria at 301.260.2212.

► **Easter "Eggs-travaganza":** Community grandparents and their grandchildren are invited to join relatives and friends of Brooke Grove Retirement Village (BGRV) residents and employees for an Easter "Eggs-travaganza" on Sunday, April 5. The festivities will begin at 2:30 p.m. on the grounds of Brooke Grove Rehabilitation and Nursing Center on the BGRV campus. This free, fun-filled, intergenerational program promises a great time for all ages! BGRV residents are busy "stuffing" Easter eggs with goodies in preparation for the big day, which will include an Easter egg hunt for ages 0-3, another for ages 4-6, a third for ages 7-10 and special prize baskets. Additional highlights include a Parrot Show by Brian Wilson of the nonprofit Wilson Parrot Foundation; a petting zoo; pony rides; face painting; and photo opportunities with the Easter bunny. Don't miss the fun! RSVP with the number of adults and number/ages of children planning to attend to Toni Davis at 301-924-2811, option 3, or tdavis@bgf.org. In case of rain, the event will be cancelled.

► **MGH Happenings:** Several programs are available at Montgomery General Hospital. There will be a FREE lecture on Wednesday, March 25 from 6:30-7:30 p.m. on Head Injuries and concussions in Sports. Their Annual Spring Fair will be held on Saturday, March 28 from 11:00 a.m. to 3:00 p.m. The fair is free and open to the public. There will be health screenings and assorted activities for all ages. MGH also has a new support group starting on April 1 at 6:00 p.m. for Insulin-Dependent Diabetics. The meeting will start at 6:00 p.m. followed with a talk by Dr. Neil O'Hara on foot care and the diabetic. All events will be held at Montgomery General Hospital located at 18101 Prince Philip Drive in Olney. To register for any of the events or for more information call 301.774.8881 or visit www.montgomerygeneral.com.

► **Mad Science Show:** St. John's Episcopal School is hosting a Mad Science Show on Saturday, March 28th from 3:00pm-4:30pm. The cost is \$5 a ticket which gets you pizza, a drink and the show. It's a family event for children ages 4-up. For ticket information, please call 301.774.6804 or go to www.stjes.com.

► **Preventive Health Event:** Aspenwood Senior Living Community will be hosting a preventive health event for local residents. The event is being offered by Life Line Screening and will take place at Aspenwood Senior Living Community on June 9th, 2009. Life Line Screening is the nation's leading provider of community-based preventive screenings and scans for potential health problems related to: blocked arteries, which is a leading cause of stroke; abdominal aortic aneurysms, which can lead to a ruptured aorta; hardening of the arteries in the legs, which is a strong predictor of heart disease; and arterial fibrillation (irregular heart beat), which is closely tied to stroke risk. All five affordable, non-invasive, painless vascular screenings take 60-90 minutes to complete. Register for a Stroke, Vascular Disease, Osteoporosis and Heart Rhythm Package for \$149. *You must pre-register for the screenings.* Appointments are limited, so sign up now by calling 1-888-653-6441, or visit Life Line Screening's website at www.lifelinescreening.com.

► **Fund Raiser:** St. John the Baptist School is holding its 2009 Auction Gala, "The Race for Technology." SJB invites you to become a Community Sponsor for the 2009 Auction Gala to raise funds to acquire 32 laptop computers for our students. Become a sponsor by placing an ad in the auction catalog which will be distributed to over 300 families or donate an in-kind gift. All sponsors must be confirmed by April 1, 2009. Please contact Bob Bailey at 301.879.5123, or baileyslawn@aol.com for more information.

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